



ERASMUS AND INTERNATIONAL STUDENTS

GENERAL RULES TO TAKE CARE OF YOUR HEALTH DURING COVID-19 TIMES

Full compliance with existing preventive measures is the most effective tool we have to prevent the spreading of the COVID-19 contagion.

Please wear the mask at all times not only inside University buildings but also outdoor and at home if you are with people that do not live with you. Wash your hands frequently and open the windows to get fresh air.

STEP 1: ENROLLING IN THE NATIONAL HEALTH SYSTEM

EU STUDENTS

If holders of E106 / S1 forms, **students can (should) register with the Servizio Sanitario Regionale (SSR)**. The duration of the registration is equal to the duration of validity of the form and takes place with the choice of the GP (Medico di base) but without issuing the TEAM. In this way they get access to **basic services**. To enroll they need to contact the local health services office, that is ASL Toscana Centro at this address: ufficiostranieri.firenze@uslcentro.toscana.it

Alternatively, students can voluntarily enroll for study purposes by **paying € 149.77** and in this way have **health coverage equivalent to that of an Italian citizen**. For ASL Toscana Centro they must contact: iscrizioni.volontarie@uslcentro.toscana.it (or iscrizioni.volontarie@asf.toscana.it).

If the 2 previous circumstances do not apply to them, they can use the TEAM card issued by their country of origin to **receive all the treatments considered medically necessary and non-deferrable** in relation to the duration of the stay, however temporary, and to the state of health. Such cases do not give the right to enroll in the SSR or to choose a GP.

The TEAM card allows citizens enrolled in the health system of a member state of the EU, which are temporarily residing in another Member State, to have direct access to the health services of that country under the same conditions as the members of that State and to receive all the necessary and non-deferrable medical services. The guiding principle is that of considering unnecessary and, therefore, not covered by the national medicare system, all those healthcare services that can normally be postponed with minimum risk for the patient (i.e. elective treatments) until their return home from their temporary stay.



NON-EU STUDENTS:

They can voluntarily register for study purposes **by paying € 149.77** and in this way have health coverage equivalent to that of an Italian citizen. For ASL Toscana Centro they must contact:

iscrizioni.volontarie@uslcentro.toscana.it or iscrizioni.volontarie@asf.toscana.it

STEP 2: What to do if symptoms appear

If COVID-19 symptoms appear (fever above 37.5 °C, cold, sore throat, etc.):

-If you have a GP, you should get in touch immediately with the them (do not go to the clinic but call or text them). They will put you in touch with the ASL to do a swab test. If you do not have a GP, you should get in touch immediately to the ASL Prevention Department (see ASL Useful phone numbers at the end of this document) and you should do a swab test. You should then wait for the result of the test by self-isolating at home (and communicating to the School, especially if you have attended lectures in person).

In case you **test positive to COVID-19** closely follow the instructions that you will be given by the ASL and the doctors. You should also communicate immediately the results of the test by writing an email to segnalazioniCovidPos@unifi.it. For the moment you can send an email. Soon we'll translate the appropriate form.

Furthermore, the following isolation rules will apply (translated from the Circolare Ministero Salute 12/10/2020):

- Asymptomatic person: 10 days + negative test (molecular)
- Symptomatic person: 10 days from onset of symptoms (with the exception of smell blindness and loss or numbness of taste that may last longer) 3 of which with no symptoms + negative test (molecular)
- Long-term positive cases: individuals that have not had symptoms for at least one week (with the exception of smell and taste blindness and that may last longer) but still test positive may interrupt their isolation period after 21 days from onset of symptoms. This criterium may be modified by the health authorities in agreement with medical experts to take into consideration the immunological conditions of the person affected by the virus.

In case you have been in contact with someone who tested positive if you are considered at risk by the ASL you will be contacted by the ASL directly. If you are not considered "direct contact", you will not be contacted. We suggest however that you attend lectures online for 14 days after the contact as an extra measure of contagion prevention. The best practices are:

- 14 days quarantine or
- 10 days quarantine + negative test on the 10th day (antigen or molecular)

The University of Florence strongly recommends using the App Immuni to facilitate contact tracing.



If you need help or have clarification questions, beside the Erasmus office of your school, you could also contact the multicultural tutors by mail (tutormulticulturali@unifi.it). They can help you about safety and health routines on campus.

USEFUL PHONE NUMBERS

<https://www.ars.toscana.it/2-articoli/4362-nuovo-coronavirus,-a-chi-rivolgersi-neri-utili.html>

ACRONYMS

SSR Servizio Sanitario Regionale
Regional Health Service

Medico di base
GP General practitioner

TEAM Tessera Europea di Assicurazione Malattia
European Health Insurance Card

ASL Toscana centro (Azienda Sanitaria Locale Toscana centro)
Local Health Department central Tuscany